

Fall Retreat 2018

Checklist

Teens: Think of this as a great opportunity to get away from all of the craziness that regular school work, sports and other activities bring to your life. Let the adults this weekend provide you with this grace filled opportunity to grow closer to our Lord.

PLEASE BRING:

- ✓ A good attitude.
- ✓ WARM Clothes for 3 days
- ✓ Personal Prayer items (optional; bible, rosary, journal)
- ✓ You may want to bring a small bag to carry things around camp
(We are not giving one out this year.)
- ✓ **A bright flashlight, everyone should have one.**
- ✓ Appropriate (this is a religious retreat!) clothing. If you are dressed immodestly you will be asked to change. Ladies NO crop tops, leggings as pants or yoga pants. Gentlemen must keep their pants around their waist.
- ✓ Personal toiletries (soap, toothbrush, toothpaste, shampoo, robe, towels, deodorant!!!!!!)
- ✓ A warm coat -it will be cold and it snows every year! DO NOT FORGET WARM CLOTHES.
- ✓ You must bring sheets and a sleeping bag or blankets and pillow.
- ✓ A blanket to carry with you – we are serious, it will be cold.
- ✓ Any musical instruments, board games, football, basketball or Frisbee that you might want to use during Free Time.
- ✓ A few bucks for the Sunday collection

PLEASE DO NOT BRING:

- ✗ Drugs & alcohol
(please list all prescription medicine on permission form)
- ✗ No tobacco
- ✗ No TV's, MP3 players, iPads, computers, electronic games.
- ✗ No alarm clocks or clock radios - we will wake you up!
- ✗ Please do not bring valuables i.e. Expensive jewelry, etc.
- ✗ Cell phones